



Inspirational Environments
Unforgettable Moments
Exclusive & Exceptional Experiences





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WELCOME TO A LUXURIOUS WELLNESS ESCAPE WITH UNIQUE AND AUTHENTIC SPA JOURNEYS.

With a diverse assortment of wellness offerings and experts, an array of world-renowned products, unique local ingredients and impeccable Waldorf service, we deliver unparalleled spa experiences.

Environments are inviting and intimate. Experiences are tailored specifically to your needs and desires. Treatments and therapies ensure that results not only delight, but also restore.



FACIALS

Highly trained specialists blend effective techniques, expert hand movements and innovative products to provide soothing and sensational results.

THE WALDORF SIGNATURE FACIAL

60mins \$200

A completely customized facial for all skin types. Ideal for any skincare concerns including problem areas, sensitive skin, dehydration and premature aging.

SILKPEEL

30mins \$180 | 60mins \$280 | 90mins \$350

Novel skin resurfacing technology providing simultaneous exfoliation with deep delivery of customized solutions directly to your skin.

Non-invasive, it leaves your skin silky smooth, hydrated and bright.

PERFECT LIFT

90mins \$270

Combining the latest ingredients to combat premature aging with microcurrent technology to reduce fine lines and wrinkles – highly effective resulting in a firmer and lifted skin tone.

PREVENTIONS AND CORRECTIONS

30mins \$110

A selection of advanced treatments can be added as an enhancement to your facial service or experienced alone. For best results, treatments should be provided in a series. Your specialist will decide which treatment is best for you. This can include glycolic, peptide, pumpkin enzyme or salicylic masks.

WAXING

Lip	10mins	\$30
Chin	10mins	\$30
Lip & Chin	15mins	\$45
Nose & Ears	15mins	\$25
Eyebrow	30mins	\$35
Face	30mins	\$65
Underarm	15mins	\$40
Half Arm & Hand	20mins	\$40
Full Arm & Hand	30mins	\$65
Bikini	30mins	\$55
French Bikini	30mins	\$65
Brazilian Bikini	30mins	\$85
Back & Shoulders	45mins	\$115
Half Leg Wax (upper or lower)	30mins	\$60
Full Leg	60mins	\$95
Full Leg with Bikini	60mins	\$125

TINTING

Eyebrow	30mins	\$40
Eyelash	30mins	\$40
Eyebrow & Eyelash	40mins	\$70



MASSAGE

Expert massage therapists offer a variety of treatments for soothing relaxation and stress relief.

THE WALDORF SIGNATURE MASSAGE

60mins \$170 | 90mins \$250

Personalized for each guest, a therapist will use varying techniques to address your needs - whether you're looking for stress or pain relief or simply want to revive yourself.

PRE-NATAL MASSAGE

60mins \$185 | 90mins \$275

Specially designed for expectant mothers, this treatment relieves pain associated with backaches, leg cramps, tender joints and lowered blood circulation. Using a side-lying pillow, this massage is completely customized for your pregnancy aches and pains.

LAVA SHELL MASSAGE

60mins \$195 | 90mins \$290

Warm lava shells glide across your body, alleviating muscle tension and increasing blood circulation.

MUSCLE REPAIR

60mins \$195 | 90mins \$290

Combining massage and homeopathic therapies, this treatment begins with compression and hot towels, followed by arnica homeopathic gels and oils specifically designed to relieve sore muscles.

SPOT MASSAGE

30mins \$85

Focuses on specific body areas such as lower back, shoulders or legs.

ASHIATSU MASSAGE

60mins \$210 | 90mins \$305

A deep tissue technique using deep barefoot compression strokes that glide over the body with a push and pull motion. The therapist uses bars overhead for balance.

COUPLES MASSAGE

60mins \$340 | 90mins \$500

Enjoy a relaxing massage together in our couples' suite. Personalized for each guest, the massage therapist will use varying techniques to address your needs.

BODY TREATMENTS

Unique and highly effective therapies that deliver restorative benefits for the skin, body and mind.

THE WALDORF CLEANSE

120mins \$355

Inspired by hammam bathhouse practices, treatments are combined with pure scent to renew the skin and calm the mind. A coffee, olive stone and fresh lemon scrub exfoliates skin, and a rich rhassoul clay cocoon wrap draws out impurities. Full body, scalp and face therapies will leave you feeling relaxed and restored.

HEALING RELAXATION

90mins \$280

Relieve stress and renew your skin. Ohana gingergrass bamboo scrub exfoliates, stimulates blood flow and smoothes the skin, followed by a nourishing wild cherry rice buff. An application of plum blossom silk follows, leaving skin deeply hydrated. A massage with wild lime oil soothes muscles and completes the traditional spa ritual.

BODY POLISH

60mins \$185

This personalized service begins with a scent journey of the essential oil blend of your choice. Shea butter and salt are used to polish the skin, followed by an application of shea butter lotion - leaving skin smooth, soft and hydrated.

HANDS AND FEET

All treatments can be personalized based on the condition of your nails.

TRADITIONAL MANICURE | 30mins \$40

TRADITIONAL PEDICURE | 45mins \$80

Hand and foot treatments include nail shaping, cuticle care, moisturizing lotion application and polish.

ZEN MANICURE | 45mins \$55

ZEN PEDICURE | 60mins \$95

Ohana gingergrass and cherry blossom rice polish will exfoliate the skin, releasing tension. Calluses will be softened with a hinoki mint mineral soak. Hands and feet are left feeling intensely smooth.

THE WALDORF SIGNATURE MANICURE | 45mins \$75

THE WALDORF SIGNATURE PEDICURE | 75mins \$110

Lava shells soothe hand and foot joints, warm paraffin deeply hydrates. Traditional buff and polish are also included.

CLASSIC NAIL POLISH REFRESHER

10mins \$20

Expert cleaning, filing and nail polishing.

FRENCH POLISH

10mins \$10

Classic application - nail tips finished in white with a clear topcoat.

PARAFFIN

10mins \$20

A deeply hydrating treatment for your hands or feet.

NO-CHIP MANICURE | 45mins \$60

NO-CHIP PEDICURE | 60mins \$100

Combines the long-lasting, high-gloss durability of gel with the ease and versatility of enamel. No smudging, chipping or dry time.

BEAUTY

Exceptionally trained makeup artists will help you look your very best. With years of experience working with celebrities and women of all ages, artists will design a beauty regimen ideal for your skin tone and face shape to ensure a luminous appearance.

BRIDAL MAKEUP CONSULTATION 60mins \$95

BRIDAL MAKEUP (WEDDING DAY) 60mins \$165

SPECIAL OCCASION MAKEUP 30mins \$90

MAKEUP INSTRUCTION 60mins \$140

EYELASH EXTENSIONS

FULL SET 120mins \$350

A full set of lashes. Your lash stylist will customize a look for you.

Your lashes will be fuller, thicker, and darker.

CAT EYE 30mins \$100

Accentuate your eyes for a flirty, fun look.

RE-LASH 60mins \$175

Re-lash is recommended every 2 weeks to maintain your lashes. This only applies to a 'Full Set'.



MENS SERVICES

GENTLEMEN'S FACIAL | 60mins \$200

A completely customized facial tailored to address the specific needs of men. Ideal for any skincare concerns including problem areas, dehydration and sensitive skin due to shaving.

MUSCLE REPAIR | 60mins \$195 | 90mins \$290

Combining massage and homeopathic therapies, this treatment begins with compression and hot towels, followed by arnica homeopathic gels and oils specifically designed to relieve sore muscles.

FITNESS MANICURE | 30mins \$35

FITNESS PEDICURE | 45mins \$75

An invigorating manicure and pedicure tailored address the specific needs of men. Hand and foot treatments include nail shaping, cuticle care, exfoliation, foot buff, massage and moisturizing lotion application.

IN-ROOM SERVICES

All Spa & Health Club services, with the exception of body treatments, are available in the comfort of your guest room or residence.

CHILDREN'S SPA

Watch your children get tickled pink (red, purple or blue) with manis, pedis, mini-facials and bath amenities designed specifically for them. Kindly note the following services are only offered in your private space.

ICE CREAM MANICURE | PEDICURE

20mins \$35 | 30mins \$60

MINI FACIAL

30mins \$70



THE HEALTH CLUB

Like our Spa treatments, Health Club experiences at the Waldorf Astoria are personalized. Whether you are looking to shed a few unwanted pounds, increase flexibility and blood flow or simply improve your body and state of mind, our specialists are delighted to assist.

PILATES & GYROTONIC

These regimens define and tone muscles, realign the flow of energy through the spine and provide better body balance. In private and semi-private sessions, you can strengthen your body without straining muscles and tendons.

PRIVATE INDIVIDUAL TRAINING SESSION
55mins \$95

PACKAGE OF 10 INDIVIDUAL TRAINING SESSIONS
55mins \$900

SEMI-PRIVATE SESSION (TWO PEOPLE)
55mins \$65 per person

PACKAGE OF 10 SEMI-PRIVATE SESSIONS
55mins \$600

AQUA INSTRUCTION

A variety of water classes in our mosaic-tiled lap pool build muscle and increase blood and lymphatic flow. Personal instruction for both leisure and expert swimmers also available.

GATHERINGS

Private, fully customized events are available for groups of 4 to 25. Whether preparing for a special occasion, gathering with a group of friends or looking for a unique business venue, the Waldorf Astoria Spa & Health Club is the ideal resting place.

SPA & HEALTH CLUB HOURS SPA SERVICES / POOL AND FITNESS

Monday - Saturday 8 am - 9 pm / 5:30 am - 10 pm
Sunday 8 am - 8 pm / 5:30 am - 9 pm

FAMILY SWIM:

Monday - Friday: 11 am - 6 pm
Saturday and Sunday: open swim all day

ARRIVAL TIME

Please arrive 30 minutes prior to your appointment so that you can fully enjoy the amenities at the Waldorf Astoria Spa & Health Club.

SCHEDULING AN APPOINTMENT

Our Ambassadors will kindly assist you in selecting a treatment that is best for you. Please call 312.646.1310 or visit waldorfastoriachicagohotel.com.

HEALTH CONDITIONS

Kindly advise our staff of any allergies, injuries or other conditions that could affect your service when making your reservation.

PREGNANCY

Specially designed treatments are available for expectant women and nursing mothers.

SPA ETIQUETTE

To preserve the tranquil environment, mobile phones and smoking are not permitted. Guests of the Waldorf Astoria are welcome to arrive wearing the robe and slippers provided in their guest room or suite. The Waldorf Astoria Spa will provide towels, slippers and all amenities essential for use during your visit.

AGE MINIMUM

Guests are required to be aged 16 or older for access and treatments. Younger children may receive treatments in guest rooms or residence; however, must be accompanied by an adult.

CANCELLATION POLICY

Should you need to cancel your appointment, kindly provide four hours' notice to avoid incurring the full service fee.

HOME CARE

In order to maintain the ultimate result from your treatment, our technicians will be delighted to recommend home care products for you.

PRICES

All prices are quoted in US dollars and are subject to change without notice.

GRATUITIES

A 20% service charge will be added to your service. Additional gratuities will be politely declined.

MEMBERSHIP

Waldorf Astoria Spa & Health Club membership includes a complete wellness program, preferred pricing on Spa services and marketplace retail, hotel dining and valet parking. Signing privileges are available throughout the hotel and Spa. Please contact our Membership Manager at 312.646.1366 to learn more about the many benefits.

We look forward to welcoming you.





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