WELCOME TO A WELLNESS ESCAPE WITH UNIQUE AND REVITALIZING SPA EXPERIENCES

At the Waldorf Astoria® Spa, luxurious therapies, soothing environments, and our unique client-centric approach to wellbeing all unify to create an elevated state of rejuvenation and renewal. Here, individual treatments become a completely customized experience, in which your personal skin qualities and aesthetic expectations are the sole objective of the session.

Following a holistic analysis of your unique characteristics and concerns, your therapist will tailor each session for results that achieve a desired balance of physical and emotional revitalization. With world-renowned treatments designed for face, hair, and body, the Waldorf Astoria Spa will transform your visit into a luxurious and personal escape.
MASSAGE

Expert massage therapists offer a variety of treatments for soothing relaxation and stress relief.

THE WALDORF SIGNATURE MASSAGE
60mins $180 | 90mins $260
Personalized for each guest, a therapist will use varying techniques to address your needs - whether you’re looking for stress or pain relief or simply want to revive yourself.

LAVA SHELL MASSAGE
60mins $205 | 90mins $300
Warm lava shells glide across your body, alleviating muscle tension and increasing blood circulation.

MUSCLE REPAIR
60mins $205 | 90mins $300
Combining massage and homeopathic therapies, this treatment begins with compression and hot towels, followed by arnica homeopathic gels and oils specifically designed to relieve sore muscles.

ASHIATSU MASSAGE
60mins $220 | 90mins $315
A deep tissue technique using deep barefoot compression strokes that glide over the body with a push and pull motion. The therapist uses bars overhead for balance.

PRENATAL MASSAGE
60mins $195 | 90mins $285
Specially designed for expectant mothers, this treatment relieves pain associated with backaches, leg cramps, tender joints and lowered blood circulation. Using a side-lying pillow, this massage is completely customized for your pregnancy aches and pains.

COUPLES MASSAGE
60mins $360 | 90mins $520
Enjoy a relaxing massage together in our couples’ suite. Personalized for each guest, the massage therapist will use varying techniques to address your needs.

Massage Enhancements: Hypervolt Vibration Massage ($25), CBD Oil Massage ($45), CBD Cream Massage ($45)

BODY TREATMENTS

Unique and highly effective therapies that deliver restorative benefits for the skin, body and mind.

THE WALDORF CLEANSE
120mins $365
Inspired by hammam bathhouse practices, treatments are combined with pure scent to renew the skin and calm the mind. A coffee, olive stone and fresh lemon scrub exfoliates skin, and a rich rhassoul clay cocoon wrap draws out impurities. Full body, scalp and face therapies will leave you feeling relaxed and restored.

HEALING RELAXATION
90mins $300
Relieve stress and renew your skin. Ohana gingergrass bamboo scrub exfoliates, stimulates blood flow and smoothes the skin, followed by a nourishing wild cherry rice buff. An application of plum blossom silk follows, leaving skin deeply hydrated. A massage with wild lime oil soothes muscles and completes the traditional spa ritual.

BODY POLISH
60mins $195
This personalized service begins with a scent journey of the essential oil blend of your choice. Shea butter and salt are used to polish the skin, followed by an application of shea butter lotion – leaving skin smooth, soft and hydrated.

DERMALINFUSION BODY TREATMENT
120mins $510
The Dermalinfusion body system delivers a combination therapy, which simultaneously provides body polishing, vacuum massage and serum infusion. This unique combination addresses the underlying cellular processes that bring about skin imperfections in many areas of the body. High settings allow for treating cellulite, restoring elasticity, and providing deep lymphatic massage, while lower settings are for treating stretch marks, rough skin, and acne.
Our luxury Spas reflect our world-wide reputation for consistent standards of excellence on which you can rely, yet each one creates its own individual sense of place, one that reflects the character and the culture of its unique location.

This means that not only will each Spa experience be memorable as well as being truly exceptional, but also each memory will be forever linked to the time and place where you enjoyed it.

Unforgettable. That’s what it will be for you, and that’s what you are to us.
Highly trained specialists blend effective techniques, expert hand movements and innovative products to provide soothing and sensational results.

**THE WALDORF SIGNATURE FACIAL**
60mins $210  |  90mins $290
A completely customized facial for all skin types. Ideal for any skincare concerns including problem areas, sensitive skin, dehydration and premature aging.

**DERMALINFUSION FACIAL**
30mins $190  |  60mins $290  |  90mins $360
Novel skin resurfacing technology providing simultaneous exfoliation with deep delivery of customized solutions directly to your skin. Non-invasive, it leaves your skin silky smooth, hydrated and bright.

**PREVENTIONS AND CORRECTIONS**
30mins $120
A selection of advanced treatments can be added as an enhancement to your facial service or experienced alone. For best results, treatments should be provided in a series. Your specialist will decide which treatment is best for you. This can include glycolic, peptide, pumpkin enzyme or salicylic masks.

**FACIAL ENHANCEMENTS**
Knesko Skin
- Collagen Eye Mask $20
- Collagen Lip Mask $20
- Collagen Lip & Eye Mask $30
- Collagen Face Mask $45
- Neck & Décolleté Mask $45
- Collagen Face, Neck & Décolleté Mask $75

**WAXING**

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<tr>
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<td>Bikini</td>
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<td>Full Leg</td>
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**TINTING**

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<td>Eyelash</td>
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HANDS AND FEET

TRADITIONAL MANICURE | 30mins $42
TRADITIONAL PEDICURE | 45mins $85
Hand and foot treatments include nail shaping, cuticle care, moisturizing lotion application and polish.

DAZZLE DRY MANICURE | 45mins $60
DAZZLE DRY PEDICURE | 60mins $100
Dry spa scrub energizes and helps to hydrate for long-lasting moisture and polish used on feet is quick drying and lasts 7-14 days.

THE WALDORF SIGNATURE MANICURE | 45mins $80
THE WALDORF SIGNATURE PEDICURE | 75mins $115
Lava shells soothe hand and foot joints, warm paraffin deeply hydrates. Traditional buff and polish are also included.

CLASSIC NAIL POLISH REFRESHER
15mins $25
Expert cleaning, filing and nail polishing.

FOOT REPAIR PEDICURE
75mins $125
A professional consultation is followed by a warm foot soak, gentle exfoliation and stimulating massage. Footlogix® professional products are used to help rejuvenate, repair and restore feet. A Footlogix retail product will be recommended, used and sent home for continued take home use to treat your feet.

NO-CHIP MANICURE | 60mins $65
NO-CHIP PEDICURE | 60mins $105
Combines the long-lasting, high-gloss durability of gel with the ease and versatility of enamel. No smudging, chipping or dry time.

HAND AND FEET ENHANCEMENTS
Dazzle Dry Polish $10
French Polish $12
Paraffin $22

EYELASH EXTENSIONS

FULL SET 120mins $350
A full set of lashes. Your lash stylist will customize a look for you. Your lashes will be fuller, thicker, and darker.

CAT EYE 30mins $100
Accentuate your eyes for a flirty, fun look.

RE-LASH 60mins $175
Re-lash is recommended every 2 weeks to maintain your lashes. This only applies to a ‘Full Set’.
MENS SERVICES

GENTLEMEN’S FACIAL | 60mins $210
A completely customized facial tailored to address the specific needs of men. Ideal for any skincare concerns including problem areas, dehydration and sensitive skin due to shaving.

MUSCLE REPAIR | 60mins $205 | 90mins $300
Combining massage and homeopathic therapies, this treatment begins with compression and hot towels, followed by arnica homeopathic gels and oils specifically designed to relieve sore muscles.

FITNESS MANICURE | 30mins $40

FITNESS PEDICURE | 45mins $80
An invigorating manicure and pedicure tailored address the specific needs of men. Hand and foot treatments include nail shaping, cuticle care, exfoliation, foot buff, massage and moisturizing lotion application.

IN-ROOM SERVICES

All Spa & Health Club services, with the exception of body treatments, are available in the comfort of your guest room or residence.

CHILDREN’S SPA
Watch your children get tickled pink (red, purple or blue) with manicures and pedicures designed specifically for them.

ICE CREAM MANICURE | 20mins $45
ICE CREAM PEDICURE | 30mins $75
Like our Spa treatments, Health Club experiences at the Waldorf Astoria are personalized. Whether you are looking to increase flexibility or simply improve your body and state of mind, our specialists are delighted to assist. Our state-of-the-art fitness center is outfitted with impressive workout equipment from Life Fitness, Woodway and Wattbike. Each cardio piece has a built in touch screen LCD and our complimentary WiFi allows access to television, Netflix, YouTube and more.

**THE HEALTH CLUB**

PILATES & GYROTONIC

These regimens define and tone muscles, realign the flow of energy through the spine and provide better body balance. In private and semi-private sessions, you can strengthen your body without straining muscles and tendons.

<table>
<thead>
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<th>Service</th>
<th>Price</th>
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<tbody>
<tr>
<td>PRIVATE INDIVIDUAL TRAINING SESSION</td>
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<tr>
<td>PACKAGE OF 10 INDIVIDUAL TRAINING SESSIONS</td>
<td>55mins $950</td>
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<tr>
<td>SEMI-PRIVATE SESSION (TWO PEOPLE)</td>
<td>55mins $75 per person</td>
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<tr>
<td>PACKAGE OF 10 SEMI-PRIVATE SESSIONS</td>
<td>55mins $650</td>
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SPG GUIDELINES

SPA AMENITIES
Spa guests who book a spa service of 60 or 90 minutes are invited to use the spa amenities. The spacious 14,000-square-foot facilities feature a heated indoor lap pool, separate mens and womens locker rooms, Jacuzzi, steam room, sauna and state-of-the-art fitness equipment.

GATHERINGS
Private, fully customized events are available for groups of 4 to 25. Whether preparing for a special occasion, gathering with a group of friends or looking for a unique business venue, the Waldorf Astoria Spa & Health Club is the ideal resting place.

SPA & HEALTH CLUB HOURS
SPA SERVICES / POOL AND FITNESS
Monday - Saturday  8 am - 9 pm / 5:30 am - 10 pm
Sunday  8 am - 8 pm / 5:30 am -  9 pm

FAMILY SWIM
Monday - Friday: 11 am - 6 pm
Saturday and Sunday: open swim all day

ARRIVAL TIME
Please arrive 30 minutes prior to your appointment so that you can fully enjoy the amenities at the Waldorf Astoria Spa & Health Club.

SCHEDULING AN APPOINTMENT
Our Ambassadors will kindly assist you in selecting a treatment that is best for you. Please call 312.646.1310 or visit waldorfastoriachicagohotel.com.

HEALTH CONDITIONS
Kindly advise our staff of any allergies, injuries or other conditions that could affect your service when making your reservation.

PREGNANCY
Specially designed treatments are available for expectant women.

SPA ETIQUETTE
To preserve the tranquil environment, mobile phones and smoking are not permitted. Guests of the Waldorf Astoria are welcome to arrive wearing the robe and slippers provided in their guest room or suite. The Waldorf Astoria Spa will provide towels, slippers and all amenities essential for use during your visit.

AGE MINIMUM
Guests are required to be aged 16 or older for access and treatments. Younger children may receive treatments in guest rooms or residence; however, must be accompanied by an adult.

CANCELLATION POLICY
Should you need to cancel your appointment, kindly provide four hours’ notice to avoid incurring the full service fee.

HOME CARE
In order to maintain the ultimate result from your treatment, our technicians will be delighted to recommend home care products for you.

PRICES
All prices are quoted in US dollars and are subject to change.

GRATUITIES
A 20% service charge will be added to your service.

MEMBERSHIP
Waldorf Astoria Spa & Health Club membership includes a complete wellness program, preferred pricing on Spa services and marketplace retail, hotel dining and valet parking. Signing privileges are available throughout the hotel and Spa. Please contact our Membership Manager at 312.646.1366 to learn more about the many benefits.

WE LOOK FORWARD TO WELCOMING YOU.
INSPIRATIONAL ENVIRONMENT

Waldorf Astoria Hotels & Resorts are sited in some of the most inspirational and stimulating locations in the world, and within these locations each Waldorf Astoria is a destination in its own right. Destinations that offer the best of everything in personal service—exemplified in our signature luxury Spas.

This is where you will fully appreciate the reality that is the Waldorf Astoria commitment to putting our guests at the center of our attention—an experience that will leave you inspired.